

DWARDU'S SCOOPS

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*This Month's
Upcoming*

Events

* Sports

- MSG Basketball Team (Yr9-11) - 9th November
- Volleyball U15 (Yr 9-11) - 12th November
- Volleyball (Yr11) - 16th November
- Basketball U15 (Yr9-10) - 17th November
- Handball U15 (Yr9-10) - 27th November

* Trip to Edinburgh - Yr 7

November 1st to 4th

* Trip to Belgium - Yr 10

November 3rd to 8th

* Kindness day

November 5th

* Parents' Consultations

November 11th

* Crazy Hair Day

November 20th



College Spotlight

Do unto others

President Spiteri Debono launches BOV Piggy Bank Campaign at St Edward's College

St Edward's College was honoured to welcome Her Excellency President Myriam Spiteri Debono on Tuesday as part of the 2026 L-Istrina BOV Piggy Bank Campaign, a nationwide initiative that encourages students to embrace the values of generosity, empathy and social responsibility.

The visit formed part of the President's programme of visits to schools across Malta and Gozo, through which she is meeting young people and encouraging them to play an active role in supporting those facing difficult circumstances. Accompanying the President were Minister for

Editorial from the Headmaster

What can happen in just one week at St Edward's? From soup-kitchen volunteering and archaeological discovery to football, theatre, boarding-school adventures, Beyblade, chess and gardening, this edition captures the extraordinary breadth of College life, where learning travels far beyond the classroom and every experience helps young people grow and contribute.



See Page 9

Education and Sport Byron Camilleri, representatives of the Malta Community Chest Fund Foundation and officials from Bank of Valletta.

Student representatives from across the College, as well as the various elected Student's Councils members gathered to welcome the President,



who addressed the school community and engaged directly with students through a lively question-and-answer session. Throughout the visit, she emphasised that even the smallest act of giving can contribute to meaningful change and reminded students that Malta's future depends not only on academic success but also on compassion, integrity and service to others.

In his closing remarks, School Captain Adam Caruana had a significant message to pass:

"When clarity is lost, trust erodes, and it becomes difficult for us to feel secure in our community...We may not be able to control the world we enter, however we can control the values we will bring to it. We can, and should, view our future from an optimistic lens, and be the generation that brings integrity, resilience and service in an age of digital isolation, where these values are not simply words, but a standard we demand in our institutions, our communities, and our daily lives".

Minister for Education and Sport Byron Camilleri highlighted the important role schools play in nurturing citizenship and social awareness.

"Initiatives such as the L-Istrina BOV Piggy Bank Campaign show that education extends beyond the classroom. Through experiences like these, our students learn the values of solidarity, generosity and active citizenship that help build a stronger society."



Headmaster Nollaig Mac An Bhaird thanked the President for visiting the College and for taking time to engage personally with students.

"We are delighted to have welcomed Her Excellency to St Edward's College. Her visit provided our students with an inspiring reminder that character, compassion and service are every bit as

Boarding

Boarding Bonds

by Analise Cioffi

The new academic year is already off to a wonderful start in Boarding, with students enjoying an afternoon dedicated to one of the most important aspects of boarding life: building friendships and creating a sense of community.

On Saturday, our boarders came together for a programme of ice-breaking activities organised by Mr Cassar and supported by Ms Wilkinson and Ms Cioffi. The afternoon was designed to help both new and returning students get to know one another better, encouraging conversation, teamwork and plenty of laughter along the way.

The activities began with a series of fun games aimed at breaking the ice and helping students feel at ease with one another. It was not long before the boarding house was filled with smiles and good-natured competition.

The highlight of the afternoon was undoubtedly the cooking challenge. Swapping classrooms for the kitchen, our boarders rolled up their sleeves and took on the task of learning how to prepare Eggs Benedict. The activity required teamwork, patience and concentration as students worked together to master the different elements of the famous breakfast dish. There were a few nervous moments, plenty of laughter and a great deal of pride as the finished creations began to take shape.

Thankfully, the hard work paid off, with the young chefs producing some delicious results. Families may well find themselves being treated to a home-cooked Eggs Benedict when the students return home for the holidays!



important as academic achievement. We are proud to support a campaign that encourages young people to make a positive difference in the lives of others. She reminds us that leadership is not only about achievement, but also about responsibility, kindness and a willingness to help those who need our support. These are values that resonate strongly within our school community."

The visit was a memorable occasion for the College community and reinforced the enduring values at the heart of both St Edward's and the L-Istrina campaign: generosity, community and care for others. As preparations continue for this year's L-Istrina, students are once again being encouraged to demonstrate that even the smallest contribution can make a meaningful difference.



A step into the future

Getting to know one another is an important part of starting a new scholastic year, and our Year 6 students recently took part in a fun "All About Me" activity.

Using creative sneaker templates, the boys shared information about their interests, hobbies, favourite things, and what makes them unique. They then had the opportunity to present themselves to their classmates, helping everyone learn more about one another and build new friendships.

Activities like these encourage confidence, communication, and a strong sense of belonging, laying the foundation for a positive and supportive classroom community.

Well done to our Year 6 students for their creativity and enthusiasm as they took their first steps together on another exciting year of learning!

From Page 2

After an energetic afternoon of activities, everyone gathered together for an End of Summer BBQ. The relaxed atmosphere provided the perfect opportunity for students and staff to continue conversations, share stories and enjoy a meal together. It was a fitting end to a day centred on friendship, belonging and community.

Events such as these play an important role in the Boarding experience. While academic success remains a priority, boarding life is equally about developing independence, building meaningful relationships and creating lifelong memories. Shared experiences outside the classroom help students grow in confidence, learn new skills and feel part of a supportive community that truly becomes a home away from home.

A special thank you goes to Mr Cassar for organising such an enjoyable afternoon, as well as to Ms Wilkinson and Ms Cioffi for their support. Most importantly, thank you to all our boarders for embracing the activities with enthusiasm and helping to create such a warm and welcoming atmosphere.

If this first event is anything to go by, the year ahead promises to be filled with many more memorable moments, lasting friendships and plenty of opportunities for students to learn, grow and enjoy life together in Boarding.



St Edward's Day



St Edward's Day



Photo Credit Paul Aquilina



Photo Credit Paul Aquilina



Photo Credit Paul Aquilina



Photo Credit Paul Aquilina



Photo Credit Paul Aquilina



Photo Credit Paul Aquilina



Photo Credit Paul Aquilina



Photo Credit Paul Aquilina



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Photo Credit Paul Aquilina



Photo Credit Paul Aquilina

St Edward's Day



Photo Credit Max Ghio



Photo Credit Max Ghio



Photo Credit Max Ghio



Photo Credit Max Ghio

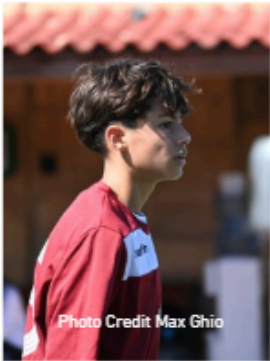


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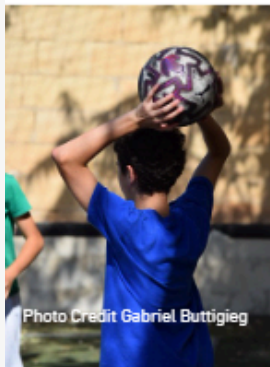
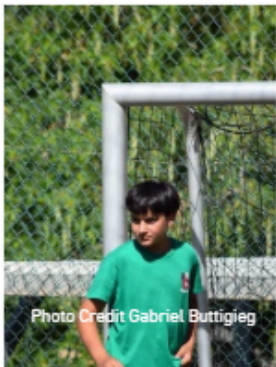
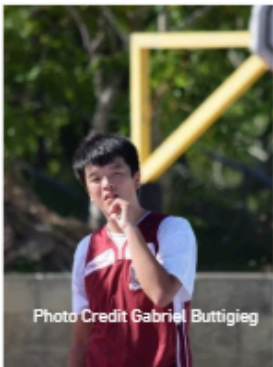
Photo Credit Max Ghio



Photo Credit Max Ghio

Photo Credit Max Ghio

St Edward's Day





Academic

Events through the eyes of Historians and Artists



Year 13 students took part in a cross-collaboration lesson between TOK and History. The lesson focused on the historical perspective of one of the past TOK essay titles: "Do we gain a better appreciation of the human experience from the artist or the historian? Discuss with reference to the arts and history." Students analysed Pablo Picasso's painting *Guernica* and explored how both an artist and a historian can help us understand human experiences. They were also introduced to the OPCVL technique (Origin, Purpose, Content, Value and Limitations), which historians use to evaluate historical sources and understand their usefulness and reliability.

Environment

Learning takes root

by Daphne Camilleri



There's nothing quite like taking learning beyond the classroom! Year 6 spent the day exploring the Argotti Botanic Gardens, discovering how plants have adapted to thrive in different parts of the world while also getting to know some of the species native to our Maltese Islands.

From discovering the fascinating process of compost formation to looking more closely at the diversity of plant life, there was plenty to see, explore and ask about. And perhaps the sweetest lesson of the day? Sampling some locally produced honey!

Experiences like these bring learning to life.




TIPS FROM THE CLINIC

BETTER SLEEP

- Keep a regular bedtime and waking time
- Reduce screen use before bed
- Avoid caffeine late in the day
- Create a calming bedtime routine
- Seek professional help if poor sleep is persistent

Flora Tanti Harvey - School Nurse
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Editorial

All in a week's work

by Nollaig Mac An Bhaird, Headmaster

In this edition I want to give you a flavor of the variety of activities that happen at a school, in one week! I often say that academics are important, but equally important are the activities that enrich a curriculum.

During the week I am referring to, Years 10 and 11 will have had their last visit to a 'soup kitchen' in Valetta. Our Mission Statement ends with the phrase '... which will assist them to contribute to the well being of society ...' These visits let students see directly the great work, the 'giving back', that so many good people do. During the visits our boys act as volunteers and help out, this is followed up by a report on the kitchen and the experience. Many thanks to Ms. Caruana for taking this initiative.

If ever there was a country steeped in history, it has to be Malta. Year 6 will have had a visit from an archeologist who will walk them through some of the truly significant discoveries in Malta. The archeologist will also describe the, almost detective-like, work carried out to help us understand the past. I find that visits from professionals like this one really open student's eyes to the amazing place that Malta is.

And what would a week be without football! The week I am describing saw our U15 Football stars take part in the Inter-Schools MSSF.

Our Year 3 visited a Little Leprechauns Production at the Manuel Theater. It is uplifting when we see staff daring to leave college, with just short of 40 students, carefully marshaled by teachers and LSEs, on what was an exciting and adventurous trip.

Other great news is that our Live-in programme has now started. Thanks to Ms. Portelli Madden and her crew Year 11

Continues on Page 13

Health

Every step counts



This St Edward's Day, St Edward's College is stepping into an exciting new national initiative that promises to get our community moving, motivated and connected.

The College has joined Schools Walk, a nationwide challenge that brings together students, staff and families from schools across Malta through the simple act of walking. Using the Walk15 app, participants can collect their daily steps and contribute to their school's standing on a national leaderboard.

While the challenge includes a friendly competitive element, its real purpose is far more important: encouraging healthier lifestyles and reminding us that every small effort can make a difference.

What makes the initiative particularly special is that it extends beyond the classroom. Students, teachers and families can all contribute, making it a true community effort. Individual steps combine to form a collective achievement, demonstrating the strength of the Edwardian spirit when we work towards a common goal.

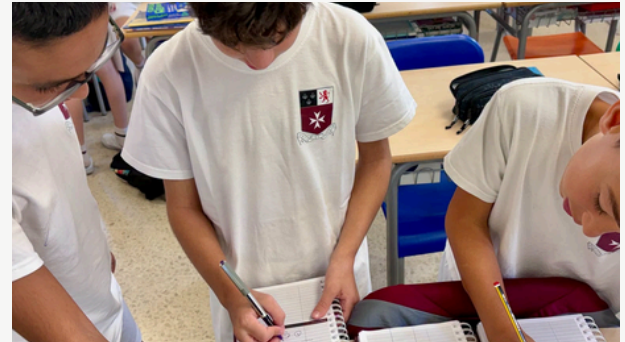
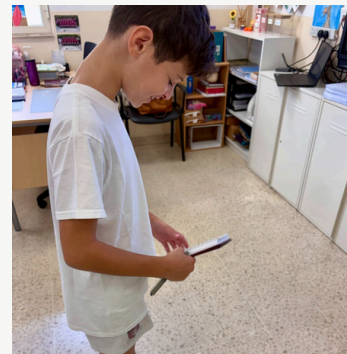
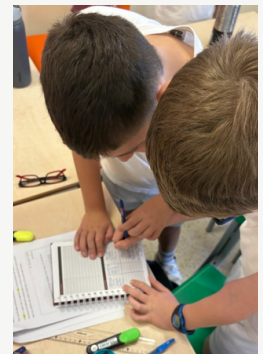
The challenge also reflects values that are central to life at St Edward's College: perseverance, teamwork and personal responsibility. Success is not measured by who walks the furthest or the fastest, but by a willingness to participate, improve and contribute.

As the challenge begins, we encourage all members of the College community to get involved.

After all, great journeys are rarely completed in a single leap. They are achieved one step at a time. Every Step Counts. Every Edwardian Matters.

Academic

Science in Action



Our Year 6 students recently put science into practice by measuring their height and weight as part of a lesson on recording and collecting data.

Through this hands-on activity, the students learned how to take accurate measurements, record their findings, organise information, and compare the data they collected. Learning becomes even more meaningful when pupils can experience concepts first-hand, and our young scientists certainly enjoyed discovering how data helps us understand the world around us!

Well done to Year 6 for approaching the task with curiosity, enthusiasm, and excellent scientific skills.

ERASMUS+

Learning Beyond the Classroom: St Edward's Embraces the LIFENAT Journey



St Edward's College has taken another important step in its commitment to innovative and engaging education through its participation in the Erasmus+ LIFENAT project, an international initiative that promotes outdoor learning as a powerful educational tool.

At the beginning of September, representatives from the College attended a LIFENAT project meeting in Leiria, Portugal, where partner institutions gathered to review progress, exchange ideas, and plan the next stages of the project. The meeting provided an opportunity to explore how outdoor environments can be used more effectively to support learning, wellbeing, and student engagement.

The momentum continued back on campus during the College's September Professional Development Day, where the LIFENAT project was introduced to teaching staff. Educators

were invited to learn more about the project's objectives and discuss how outdoor learning approaches could enhance the educational experience offered at St Edward's.

Outdoor learning encourages students to interact directly with their environment, fosters curiosity, and helps develop practical skills through hands-on experiences. Through LIFENAT, St Edward's is exploring ways to integrate these principles into everyday teaching and learning, creating opportunities for students to connect with nature while deepening their understanding of the world around them.

The project aligns closely with the College's commitment to providing a holistic education that nurtures academic achievement, personal growth, environmental awareness, and a lifelong love of learning.

While the project is still in its early stages, the enthusiasm shown by staff and project partners highlights the exciting possibilities that lie ahead. Over the coming months, the College looks forward to translating ideas into meaningful experiences that will enrich learning both inside and outside the classroom.

As the LIFENAT journey continues, St Edward's remains committed to exploring innovative educational practices that inspire students to learn, discover, and thrive in a rapidly changing world.

Celebrating Erasmus Days and St Edward's Day through nature and learning

On the 13th of October, our Early Years students celebrated Erasmus Days through the LifeNAT project, linking this special occasion with our St Edward's Day celebrations. It was a wonderful opportunity to take learning beyond the classroom walls and immerse our Early Years students in the beauty of the natural environment, encouraging curiosity, creativity, collaboration and hands-on discovery.

Throughout the day, students of different ages engaged in a variety of meaningful outdoor learning experiences, all carefully linked to their weekly learning targets. Nature became our classroom, offering endless opportunities to explore, investigate and learn through play and exploration.

Our young explorers set off on observational hikes, taking a closer look at the natural world around them. Trees, leaves, stones and other natural treasures sparked lively conversations, thoughtful questions and plenty of discussions and negotiations. Students were encouraged to share their observations with groups, negotiate ideas, make decisions together and develop a deeper appreciation of their surroundings.

Numeracy also found its place in nature! Fallen pinecones, leaves and stones became valuable learning resources as students practised counting, recognising number values, grouping and sorting objects according to size, from biggest to smallest. These simple yet engaging activities demonstrated how everyday natural materials can support important mathematical concepts in a practical and enjoyable way.

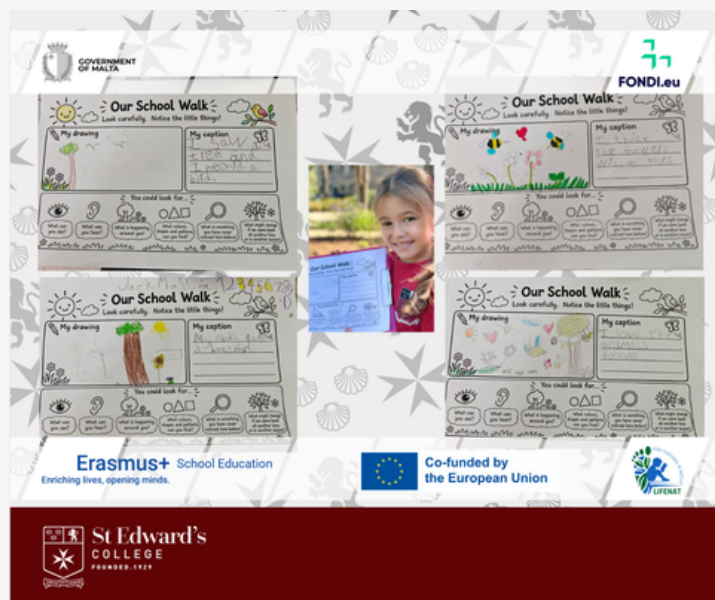
Creativity and literacy were equally celebrated. Through observational drawings, students were encouraged to notice details and express what they saw through art. Our older students extended this experience by adding captions to their drawings, putting their literacy skills into practice while focusing on capital letters, full stops and correct sentence structure. In this way, the natural environment provided an authentic and meaningful context for developing writing skills.

Meanwhile, our younger learners enjoyed a wealth of sensory experiences. They explored the different textures found outdoors, getting their hands messy through mud kitchen play and experimenting with natural materials. Some children used their creativity to make beautiful nature crowns, proudly taking home a little reminder of their outdoor adventures.

The excitement continued as students discovered fascinating little creatures in their natural habitats. From snails making their way through the undergrowth to bees and butterflies, these encounters inspired curiosity, careful observation and conversations about the importance of respecting and protecting living things. Students were not simply learning about nature, rather they were learning with nature, developing essential skills while strengthening their connection with the world around them.

By bringing together Erasmus Days, the LifeNAT project and our St Edward's Day celebrations, we highlighted the value of outdoor education and the importance of nurturing environmentally aware, curious and confident learners.

It was a day filled with discovery, creativity, teamwork and memorable learning experiences.



NUTRITION AND WELLBEING

INTRODUCING THE TEAM

Our team of expert nutritionists and mental health and sport ambassadors live and breathe our fresh food ethos. As well as advising our chefs on menus, dietary requirements and allergies, they also visit our locations to host informative pop-ups, assemblies and interactive sessions.

Working across Thomas Franks, the team educates and raises awareness of the importance of nutrition, diet and lifestyle for mental and physical health. They develop the Thomas Franks Brand and Nutrition Standards that go above and beyond.

They won the coveted Health & Nutrition Catey Award 2023, and the Healthy Eating Champion Foodservice Catey award in 2024.





THOMAS FRANKS INTERNATIONAL



From Page 9

Variety stimulates growth

Madden and her crew Year 11 experienced what it was like when St Edward’s was solely a boarding school. Apart from the ‘living-in’, students are also treated to a variety of team building extracurricular activities, such as Spaghetti Tower , Human Transport Machine, and naturally, a Penalty Shoot out.

Other good news is that we have a new edition to our in-school clubs, Beyblade... A new version of a very old game ‘Spinning Tops’, introduced by Ms. Cutajar. And, naturally, still going strong, our chess club, under the guidance of Mr. Galea Pellicano. Our gardening club, populated by a very ambitious and adventurous group and led by Ms. Melani, have just finished the skeleton/framework for their greenhouse.

Careers Fair 2027



Friday 26th February 2027

Shape Your Future



St Edward's COLLEGE
FOUNDED 1909

Spotlight

The College with star quality



St Edward's College is accustomed to playing host to rather a lot of drama. Most of it, however, takes place in classrooms, on the stage, or occasionally in the tense final minutes of a sports match.

This time, the drama is of a rather different kind.

The College has stepped briefly into the world of international television, serving as a filming location for a scene in the TV series *Gangs of Galicia*. For a short while, a corner of our familiar campus became a working film set, bringing with it the unusual sights and sounds of a professional screen production.

For those of us who know the College well, there is something particularly intriguing about seeing a familiar space transformed for the camera. Locations

we pass through every day can take on an entirely different character when viewed through the lens of a director, becoming part of another place, another time and another story.

The choice of St Edward's as a filming location is also a reminder of just how distinctive our College setting is. With its historic architecture, imposing proportions and unmistakable sense of place, the campus has a visual character that lends itself naturally to storytelling. This time, that character will travel far beyond Cottonera as part of a television production reaching audiences outside Malta.

Of course, there is a certain magic in filmmaking too. What ultimately appears on screen as a seamless moment is the result of careful preparation, technical expertise and teamwork behind the scenes. Even a single scene can bring together a remarkable range of skills, from direction and performance to lighting, sound, camera work, costume and production.

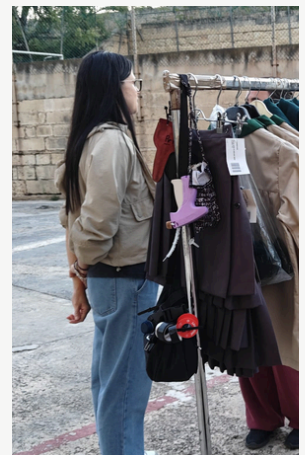
For the St Edward's community, it is another unexpected chapter in the continuing story of a campus that has witnessed generations of students, countless College traditions and more than a few memorable occasions.

And now we can add another to the list.

Somewhere amid the intrigue and drama of *Gangs of Galicia*, viewers may just catch sight of somewhere distinctly familiar.

St Edward's College has made it onto the small screen.

And frankly, Dwardu always suspected the old place had star quality.



Future Leaders

Student Council's Silver in Democracy Awards



St Edward's College is celebrating another achievement after being awarded a Silver Award in the Student Council Democracy Awards, an initiative organised by Aġenzija Żgħażaġħ to promote active citizenship and democratic engagement among young people. The awards assess participating Student Councils across a range of areas, with Silver awarded to councils achieving between 101 and 125 points.

The award recognises much more than the activities organised by the Student Council. At the heart of the programme is the belief that a Student Council should give young people a genuine voice within their school community, while providing practical experience of democracy, decision-making and active participation.

Throughout the programme, councils are assessed on the democratic process used to establish them, participation in training, the way the council operates, its action plan and the implementation of its activities. Students are also encouraged to reflect on the benefits and challenges of their work and on the competences they develop along the way.

For our Edwardians, the experience has provided opportunities to develop skills in leadership, teamwork, responsibility and project management, while learning first-hand the importance of representing others and contributing positively to their community.

The Silver Award is therefore a proud achievement for everyone involved, but particularly for our Student Council members, whose commitment has demonstrated what student voice can achieve when young people are given the opportunity to participate, contribute and lead.

Congratulations to our Student Council and to the educators who supported them throughout the journey. Silver today, and plenty to build on for tomorrow!

Caring Community

Caring details



This thoughtful treat recently made its way to the Headmaster's desk from one of our Kindergarten students. What makes it particularly special is not just the delicious homemade muffin, but the care taken to label it clearly with its ingredients, including allergen information.

In a school community, small acts of consideration can have a big impact. Clear labelling helps us keep everyone safe and demonstrates an awareness of the different dietary needs and allergies that may exist among our students and staff.

A heartfelt thank you to this young Edwardian and family for setting such a wonderful example of kindness, responsibility, and care for others.

The Kindness Board



Be Happy - Make Others Happy

Student's Council Elections

Democracy starts here!

by Ritienne Buttigieg



Election fever has arrived in the Junior School, where the campaign for this year's Student Council is now in full swing. Candidates have been stepping forward to make their case to their fellow pupils, sharing their ideas and demonstrating why they believe they would make good representatives. For our young hopefuls, it is a chance to find their voice, communicate with confidence and discover that convincing an electorate takes rather more than simply putting your name on the ballot paper!

But behind the excitement of campaigning lies something much more important.

The Student Council gives pupils an opportunity to experience democracy in action.

It is also an early lesson in what leadership really means. Being elected is not simply about popularity or wearing a badge. A good representative needs to listen, communicate, consider different viewpoints and be prepared to speak on behalf of others.

Perhaps most importantly, standing for election takes courage. Putting your ideas before your peers and asking for their confidence is no small thing, whatever your age. Every pupil who has chosen to take that step deserves recognition for doing so.

Soon the campaigning will give way to voting and the Junior School electorate will make its choice. Until then, there are ideas to share, voters to persuade and perhaps a few last-minute campaign promises to be made!

Good luck to all our candidates. May the best campaigns win!

Academic

Nature meets numbers

by Stephanie Grech



Our Year 1 students have been discovering that maths can be found everywhere, especially in the great outdoors.

Taking their numeracy lessons beyond the classroom, the children used number lines alongside leaves, stones, twigs and other natural materials to explore number formation, number values, grouping and sequencing.

These hands-on activities brought mathematical concepts to life while encouraging creativity, problem-solving, collaboration and independent thinking. By observing, experimenting and discussing their ideas, students were able to make meaningful connections between numbers and the world around them.

Following their outdoor exploration, the children returned to the classroom to consolidate their learning through written activities, moving naturally from practical experience to more formal tasks.

With a little imagination and the wonders of nature, our Year 1 students discovered that maths really is everywhere.

Academic

When science comes to life

by Margaret Bartolo



Sometimes the best way to understand science is simply to step outside and take a closer look at the world around us.

Our Year 3Y students did just that as they swapped the classroom for the outdoors for a hands-on science activity exploring the difference between living and non-living things.

With their surroundings becoming their laboratory, the students observed the natural environment, identified different elements and sorted their findings according to what they had been learning in class. In doing so, an important biological concept became something they could see, touch, discuss and investigate for themselves.

Outdoor activities such as this encourage children to become careful observers of their environment while developing curiosity, questioning and classification skills. Most importantly, they help young learners make the connection between what they learn in their books and the fascinating world just beyond the classroom door.



College Clubs

All the right moves

by Dean Galea Pellicano



There is some serious plotting going on at St Edward's College, but thankfully it is all happening over a chessboard!

The College Chess Club is growing in popularity, with an increasing number of students discovering the appeal of one of the world's oldest and most enduring strategy games.

Chess brings together patience, concentration, problem-solving and forward thinking, but there is also something wonderfully simple about sitting opposite another player and wondering what they are going to do next. Every game is different, every move presents a new decision, and even a defeat can teach you something for the next match.

As interest in the club grows, so too does the sense of community around it. Students have the opportunity to play against different opponents, pick up new ideas and strategies from one another, and enjoy some friendly competition in a relaxed setting.

It is wonderful to see the Chess Club developing into another vibrant part of student life at St Edward's, giving students a space where they can challenge themselves, make new connections and perhaps discover a talent they did not know they had.

Achievment

A New Graduate in town



Photo (from left) JB Gauci, J Lauri, D Scicluna, D Buhagiar, C Bujtás.

Dayle Scicluna, who teaches Physics and Science at St Edward's College, successfully defended his M.Phil. thesis with the title "Isolation of Squares and Longer Cycles in Graphs".

Mr Scicluna's thesis adviser was Peter Borg, and the external examiner was Csilla Bujtás (University of Ljubljana). The examining board also included David Buhagiar (Chair), Josef Lauri, and John Baptist Gauci. Congratulations, Dayle!

College Clubs

Getting to know you

by Stephanie Grech



What's your favourite colour? What food could you eat again and again? These were some of the very important questions being asked in Year 1X as the children got to know their new classmates.

Along the way, they discovered shared favourites, celebrated their differences and learnt a little more about the special skills each person brings to the class. Their conversations were turned into a colourful group display, which has become a lovely way to keep discovering new things about their friends.

New school year, new friendships, and lots still to discover!

Sports

House Captains



Yr11: Zane Fenech (Campbell), Michael Mifsud (Congreve) and John Paul Felice (Ducane)

Yr10: Jean Borg Manche (Campbell), Gabriel Shwartz (Ducane) and Luca Barklay (Congreve)

USE IT WELL

Your
VOICE

MATTERS

USE IT WELL

Sport

Bronze, Belief and the Art of Judo

by Alistair Sammut 10Y



Judo is a very demanding martial art. In Malta it has been practiced for decades. From time to time Maltese Judo athletes consistently participated in several international competitions. Considering our limitations, Maltese athletes were awarded a nice number of medals.

One of the main problems to practice judo in Malta is that we are very limited in the number of athletes. This makes it very difficult to reach a competitive level. To overcome this issue, Athletes have to look out of Malta to improve their techniques. They need to practice the sport with foreign athletes abroad.

Across the board, the Athletes who succeed, have to go abroad to improve their skills. I already have been doing this for quite a while. I participated in tournaments and also went abroad to improve my skills by attending Training Camps, practicing the sport with European Athletes, and train in foreign judo clubs.

This summer I decided to take this experience to a new level. I spent the three summer months in Georgia and Armenia. Georgia is the bench mark for judo training. Per capita they have the greatest number of judo athletes. With a population of less than 4 million, they rank the 4th Judo Country in the world. It was definitely the best training experience so far.

After I spent three months of intensive training, on my way back, I stopped in Italy to participate in a tournament. It was a ranking tournament, which means winning a medal in this tournament leads to the Italian National Judo Championship. It was a tournament with the best Italian Judo talent. As soon as I entered the tatami, I noticed that my opponent was quite bigger than me, and at this level the athlete's weight is of utmost importance. I lost the game. However I managed to make a comeback and won the next two consecutive games. For this, I was awarded the Bronze medal.

Although in the past I won Gold and Silver Medals in other local and European Tournaments, this medal gave me the most Judo satisfaction so far.

It is my intention to continue my intensive training, and tournament participation. Till the end of the year, I have a full schedule. I start with a local tournament in ten days, and another local tournament in November. I also have another three tournaments abroad, in Treviso Italy, Enschede in the Netherlands, and in Baltic Sea tournament in Finland. I will be spending the Christmas Holidays training in Georgia.

SANSEVERIA

CARE TIPS

(Mother-in-Law's tongue)



01

Watering

Water only when the soil is completely dry, usually every 2-4 weeks is enough, depending on season and temperature.

Temperature and Humidity

Keep your plant in a warm place, ideally between 18° and 30°C. Protect from cold temperatures and draughts.

02





03

Lighting

Place your plant in a bright area with indirect sunlight. It can also survive in low light conditions. Avoid prolonged strong, direct sunlight.

Fertilizing

Feed lightly once or twice during spring and summer with suitable houseplant fertiliser.

04





05

Pruning and Trimming

Remove any damaged or yellow leaves by cutting them carefully at the base.

Cleaning

Gently wipe the leaves with a damp cloth to remove dust and keep them healthy.

06





07

Soil Quality

Use well draining soil, preferably a cactus or succulent potting mix. Make sure that the pot has drainage holes.

The Gardening Club @ St Edward's College

IMPORTANT

TIPS

for Sanseveria (Mother-in-Law's tongue)

01

Yellow, soft or mushy leaves may indicate too much water

02

Sanseveria prefers being too dry rather than being too wet.

03

Never leave the plant standing in water

04

New plants can be grown by dividing the plant at its roots or using leaf cuttings

05

Sanseveria is harmful if eaten; Keep it away from pets and small children



The Gardening Club @ St Edward's College

PRE-ORDER

Available for
Mother's Day

School Monitors and House Captains



Back Row: Jean Borg Manche, Mihails Pucinskis, Mr N Mac an Bhaird (Headmaster) Mr P Ferrante (Sports Master), Zane Fenech, Alex Lanfranco , Luka Barklay

Front Row: Gabriel Schwartz, Michael Mifsud, John Paul Felice, Max Ghio, Ben Cassar Torreggiani, Gabriel Buttigieg Gili, Samuel Schiavone



St Edward's
COLLEGE
FOUNDED. 1929

Founded in 1929, St Edward's College is a co-educational college for both day and boarding students. Boarding is offered between the ages of 11 to 18. As a private educational college, St Edwards offers excellent teaching facilities, high teacher-pupil ratio, a very wide range of sports facilities and scrupulous personal attention to the students.

At St Edward's College, students receive a well—rounded education ending up in the IB Diploma. Most of the students go on to study at world class universities. Our top students are leaders in society ranging from Science and Business to traditional professions and the arts. Most Edwardians retain a love and appreciation of sports throughout their lives.



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